



an integrative approach to health, wellness and beauty

# OUR SERVICES AND FEES

551-996-2833

## MASSAGE

Rejuvenate your body, refresh your mind and relax your spirit with one of BEYOND's massage treatments.

### BEYOND Signature Massage

Our Swedish style massage is sure to ease tension and relax tired bodies using long soothing strokes and muscle kneading techniques.

50 minutes – \$75 members (\$85 non-members)

### Deep Tissue Massage

Targeting chronic muscle tension areas or areas fatigued by athletic training, we combine a variety of techniques to release unwanted muscle kinks.

50 minutes – \$80 members (\$90 non-members)

### Sports Massage, Pre or Post Workout

A combination of techniques to facilitate muscle regeneration, break up adhesions, lengthen muscles and better prepare them for continued high intensity training and general maintenance.

50 minutes – \$80 members (\$90 non-members)

### Pre-Natal Massage

A gentle massage for the mom-to-be, designed to ease tension and discomfort in the back, neck, shoulders, and legs. Unscented massage cream is used and a special massage tabletop cradles the body safely.

50 minutes – \$80 members (\$90 non-members)

### Hot Stone Massage

Our signature massage is enhanced with the use of smooth, warm stones which are tenderly rolled along tension areas to release and relax tightened muscles. This massage provides deep relaxation.

50 minutes – \$80 members (\$90 non-members)

### Reflexology Massage

There is an ancient tradition that the feet are the pathway to the rest of the body. With this in mind, pressure is applied to specific points of the feet to relieve tension throughout the entire body while improving circulation.

25 minutes – \$50 members (\$55 non-members)

### Right There Massage

This massage is strictly focused on easing tension in the back, neck and shoulder area.

25 minutes – \$50 members (\$55 non-members)

## SKIN CARE

BEYOND offers a variety of skin care services to complement and rejuvenate all skin types. B. Kamins, SkinCeuticals and Obagi products are used in our facials.

### BEYOND Signature Facial

Treat yourself to Beyond's Signature Facial for beautiful skin. After a facial analysis, products are specially chosen for your skin type and condition, including oily, combination, dry, sensitive and dehydrated. This ultimate facial experience includes cleansing, toning, exfoliation, extractions if needed, a customized mask and moisturizer.

50 minutes – \$75 members (\$85 non-members)

### Express Facial

Even if time is an issue, beauty should not be compromised. Get your skin glowing and replenished in just 25 minutes. The Express Facial is designed to cleanse, balance, and refresh all skin types.

25 minutes – \$50 members (\$55 non-members)

### Teen Facial

The teen facial concentrates on a deep cleansing with steam to open pores for extractions. A clay mask is applied for its antibacterial properties to condition the skin further and help lessen breakouts. Teens leave with tips on how to better care for their skin. Ages 10 through 16.

25 minutes – \$40 members (\$45 non-members)

### Indulgent Additions

Collagen Eye Treatment	\$25
Vitamin C Mask	\$10
Brightening Mask	\$10

## HAIR REMOVAL

BEYOND'S soy-based antimicrobial hair removal system is gentler than wax and excellent for sensitive skin.

Facial and Body Waxing      Call 551-996-2833 for Pricing

Please visit our full service Beyond Spa at HackensackUMC 20 Prospect Ave, Suite 902, Hackensack, NJ 07601 • beyondspa.com  
BEYOND requests 24 hours notice for cancellation. We reserve the right to charge for late cancellations and no shows.  
Gratuities are not included in prices and are graciously accepted.  
Prices are subject to change at any time.

## SPA HOURS & LOCATION

Monday & Tuesday: 10 am – 8:00 pm  
Wednesday & Thursday: 10 am – 9pm • Friday: 10 am – 6 pm  
Saturday: 11:00 am – 5 pm • Sunday: 11 am – 3 pm

Beyond Spa at HackensackUMC Fitness & Wellness Powered by the Giants • 87 Route 17 North • Maywood, NJ 07607  
551-996-2833