



# NICU Parent Education and Support Programs

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**PLACE:** NICU Conference Room

**For Dates and Times:** See the Monthly Calendar

**All Programs are free\***

**Your baby's nurse can register you for any class (the Scrapbook and Bead programs do not require registration).**

## **CLASSES AND PROGRAMS:**

**NICU 101:** A complete orientation to our NICU and an opportunity to ask questions and receive support

**INFANT CARE:** a comprehensive class that includes: care of the premature baby, feeding, safety, development and discharge plan.

**CPR:** American Heart Association Family and Friends Infant CPR training with hands on practice

**Scrapbooking:** a support session for families that includes making a scrapbook for your baby's pictures and socializing with other families

**Bead Program:** Celebrate your baby's milestones in the NICU by building a beautiful necklace.

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